In the early years of settlement the foreshore track was the main link from Sheepwash Bay to Alonnah. Visitors can enjoy a one hour return easy walk along the foreshore following the old rock-walled carriageway located between the two previous jetty sites and passing some remains of early settlers’ occupation since the 1850s. Near Sheepwash Creek are remnants of a sawyers’ camp and several piles of stones remain near the track. Logs from the island were prepared in the bush for barging to the windjammers for export to the UK and South Africa. The track meanders through coastal bush, an area that would have originally been dry eucalypt forest. These forests are usually dominated by large eucalypts and a thick midstorey of sheoaks, boobialla and banksia, with a sparse understorey of saggs and native grasses. Alonnah is part of the Nuennone Aboriginal people’s name for the island – Lunawanna-alonna.

- **1 hour return**
- **3 km return**
- Ample parking at end of Pontoon Road and picnic area
- Gravelled formal surface, wide, mostly level