You can access Taroona’s popular foreshore track from many streets which run down to the Derwent River. The track takes you on a gentle stroll around the coastline, along Hinsby and Taroona beaches, and amongst remnant coastal bushland. Blue gums, black gums, sheoaks and blackwoods form the canopy, with an understorey of hopbush, banksias, coast wattle, saltbush and grasses. Enjoy the views south to the Alum Cliffs and the Shot Tower, and over the Derwent River to Opossum Bay and South Arm. Not so long ago, the foreshore was also a popular gathering place for the Mouhenneener Aboriginal people. ‘Taroona’ is the Aboriginal name for chiton (kytun) – a shell animal found along the foreshore. Taroona’s coastal foreshore and the gullies leading into it are cared for by a local volunteer group, the Taroona Environment Network.

- **50 minutes return**
- **3 km return**
- **Ample parking each end**
- **Beach walk with short sections of narrow bush track around the headlands. Playground and BBQ at Taroona Beach.**

**Note: No dogs permitted on beaches**