



# Kingborough

## Media Release

### FUN FILLED HOLIDAY ACTIVITIES @YSPACE

**For immediate release**

**14 September 2017**

Council's youth services team invites young people across Kingborough to join them for fun activities and workshops over the coming school holidays.

The big event during the holidays will be at the Blackmans Bay skate park on Saturday 7 October when the Australian Scooter Association (ASA) makes their debut in Tasmania. Scooter riders of all capabilities can come along and learn from the professionals and ride the new skate park. There will be an opportunity to find out more information about the ASA and meet an Australian pro rider. Everyone is welcome to come along and watch from 11am to 1pm and enjoy the free BBQ.

Young people can also join an exciting sailing training program on the magnificent tall ship, Windeward Bound. The Learn the Ropes program runs on Saturday 30 September and offers young people a chance to experience life on board a sailing ship and the opportunity to learn new skills.

If sailing isn't your thing, the Positive Heart – Positive Mind workshop explores the relationship between the heart and the mind and how it can positively impact life experiences. The workshop is being run on Wednesday 11 and Thursday 12 October during Mental Health Week.

Budding chefs will be kept busy with some fantastic workshops. Join Chef Kirsten Bacon in the yspace kitchen making "pigs in mud cake" or be part of a new workshop, Happy Heart-Happy Mind which will combine making delicious food and learning practical techniques to help keep the mind happy and stress free.

The holiday activities would not be complete without some fun active trips, which include a day out to the movies and a game of laser skirmish.





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Transport is provided to and from yspace for young people living down the Channel for the sailing day and the movies/laser skirmish day. There are some age limitations for the activities, so please check with Council's customer services on 6211 8200. Further details are also available on the Kingborough Council website.

**ENDS**

***For more information please contact Sarah Johns, Youth Officer on 6211 8200.***

