



# Kingborough

## Media Release

### **Senior's Week: *Discover. Imagine. Together.***

For immediate release

8 September 2017

The Kingborough Council is planning some fantastic events to celebrate this year's Senior's Week and the theme of ***Discover. Imagine. Together.***

Senior's Week is an annual celebration of the many great things about getting older and bringing together people to discuss some of the challenges.

Council's first Senior's event is scheduled for Friday, 13 October, with the very popular Intergenerational Lunch. This wonderful event involves local young people working with a chef to learn the skills involved in hosting, preparing, serving and a large-scale function. This year, the young chefs will be preparing High Tea to honour Senior's Week. The cost is \$20 and bookings are essential. Please phone 6211 8170 to reserve your place.

Manor Gardens Club, Council's day respite centre at Firthside, is holding an open intergenerational morning and afternoon tea on Monday 16 October between 11am and 12.30pm and 2.00pm and 3.30pm. Visitors are invited to come along and have a look at the lovely Club and meet the staff and club members. Please phone 6211 8181 to book or enquire.

In keeping with the theme of ***Discover. Imagine. Together,*** the celebrations wouldn't be complete without an outdoor activity to enjoy Kingborough's beautiful natural environment. So why not join in a great local walk led by one of Council's natural environment team? You'll be shown local flora along the North West Bay River track via Cooke Rivulet to North West Bay and together we can enjoy a picnic lunch at the end of the walk. The walk will be held on Wednesday 18 October starting at 11am at the Sandfly Oval carpark. For information and bookings, call 6211 8170.

The Mayor of Kingborough, Cr Steve Wass said that Senior's Week is a reminder to our older residents that there is an abundance of activities to take part in, not just in this special week but all year round. "I hope people get into the spirit of things and try something new," he said.

There is a range of activities happening throughout Senior's Week in Kingborough. Copies of the information booklet which provides a comprehensive list of activities is available at Council's Customer Service counter.

**ENDS**

***For more information please contact Julie Alderfox, Community Development Officer for Kingborough Council on 6211 8170.***

