

# APPENDIX A

The Positive Ageing Strategy actions align with Council’s 2015 – 2025 Strategic Plan and are underpinned by the following key outcomes and strategies:

## Outcomes

- A connected, supportive and thriving community
- Opportunities available for all ages, abilities and backgrounds
- Safe, active and healthy local communities
- Convenient and attractive spaces
- A community that celebrates its arts, culture and place
- Community capacity to deal with hazards and disasters

## Strategies

Strategic Reference	Actions & Initiatives
1.1.2	Promote volunteering and assist those groups and individuals that contribute to community wellbeing.
1.1.2.1	Assess the capacity of local communities to support the existing and future levels of community activity, bearing in mind the ageing demographics of local areas.
1.1.2.2	Continue to operate the Kingborough Volunteer program, while at the same time continuing to seek external funding support.
1.1.4.3	Support is provided to Council’s Access Advisory Committee.
1.2.2	Implement Positive Ageing programs in order that older and physically impaired people are able to fully participate in community life.
1.3.1	Foster health and wellbeing by informing and supporting residents to make healthy lifestyle choices.
1.3.2	Support increased participation in physical activities, through planning, delivery and advocacy of appropriate recreation and sporting facilities.
1.3.1.2	Work with key stakeholders in regard to public health awareness on issues as smoking, obesity, nutrition and alcohol usage.
1.3.2.7	Develop activities and programs that engage the community in outdoor recreational and awareness raising activities.
1.3.3.2	Undertake targeted food surveillance program to monitor compliance with food safety legislation and increase food business’s awareness and understanding
1.4.1	Provide and maintain a range of welcoming and attractive spaces that foster and a sense of community pride and belonging.

- 1.4.1.1 Prepare a public open space strategy that identifies where additional public open space is required to meet local community needs and how existing spaces should be managed in the future.
- 1.4.2 Enhance the use of existing public spaces through initiatives that improve safety and enjoyment by all ages.
- 2.1.3 Assess long term accommodation needs within the community and support housing diversity & choice.
- 2.1.3.1 Provide mechanisms that allow for the increase in housing density within appropriate areas, while also protecting existing low density residential character in other suburban and peri-urban areas.
- 2.2.3 Provide pathways that improve safety and accessibility for pedestrians, cyclists and other users to make it easier to choose active transport for local trips and recreation.
- 2.2.4 Ensure there is appropriate public parking facilities within each of the municipality's commercial centres
- 2.2.5 Advocate for improved public transport services and infrastructure.
- 2.2.5.1 Liaise with Metro Tasmania in order to identify opportunities for improved bus services – including an improved main interchange within Kingston, park-and-ride facilities and additional and more frequent services in more outlying areas.
- 2.2.6 Review future needs, plus maintain and develop recreation and sporting facilities.
- 3.3.3 Promote opportunities for the responsible enjoyment of publicly accessible natural areas.
- 6.2.1.2 Ensure that information provided on Council's website and at the counter is up to date and is presented in a manner that is appealing and helpful.

The key areas of interest identified as requiring action by Council are provided within in the body of the strategy and detailed in the following tables:

Communication			
Action	Responsibility	Time Frame	Strategic Plan Reference
Align with Council's Communications Strategy and provide regular information about activities, services and changes to services which affect older people. <ul style="list-style-type: none"> <li>• Ensure Seniors' tab on Council's website is regularly updated with current and relevant information.</li> <li>• Provide regular information in 'Snapshot' on Kingborough</li> <li>• Continue to produce the 'What's On' in Kingborough for older residents</li> <li>• Provide media releases to local print media informing of local activities</li> <li>• Submit paid advertising when appropriate to promote events and activities</li> <li>• Produce a bi monthly Positive Ageing activities and events flyer for local distribution</li> </ul>	Community Development Officer / Communications Officer	Ongoing	1.1 1.2 1.3

Install centrally located noticeboards in smaller centres of the municipality in order to satisfy the need for varied methods of communication.	Community Development Officer / Urban Designer	October 2018	1.1 1.2 1.3 1.4
Create database of individuals and organisations which can be directly informed of local events and activities.	Community Development Officer	Ongoing	1.1 1.2 1.3
Further develop relationships with TFS and Council's Emergency Management staff to ensure older people's needs are represented in the development of emergency response plans.	Community Development Officer / Emergency Management Coordinator	Ongoing	1.6
Provide avenues for emergency services to present forums and seminars directly to older people to create better preparedness.	Community Development Officer / Emergency Management Coordinator / Tas Fire Service	June 2018 and ongoing	1.6

## Infrastructure

Action	Responsibility	Time Frame	Strategic Plan Reference
<p>Develop a 'best practice' checklist for streetscape, landscape and recreational management plans to ensure the needs of older people are accommodated e.g. is there provision for :</p> <ul style="list-style-type: none"> <li>• ample seating</li> <li>• wide, well maintained footpaths</li> <li>• shade</li> </ul> <p>Develop a process whereby all new Council infrastructure and assets are assessed for user-friendliness by people with varying abilities.</p>	Community Development Officer Access Advisory Committee Infrastructure Services Reserves Crew	Mid 2019	1.4.1 1.4.2
<p>Monitor Council infrastructure and services for their accessibility and inclusiveness of older people with varying needs and capacities.</p> <p>Ensure compliance with Disability Discrimination Act standards.</p> <p>Promote and incorporate universal access standards where possible in an effort to ensure accessibility regardless of age and ability.</p>	Property & Governance Community Development Officer Urban Designer Access Advisory Committee	Ongoing	1.3.3 1.4.1.1

Provide a forum to ensure older residents have input into the ongoing development of public open space in order that community needs are met.			
Ensure green spaces are welcoming to residents of all ages and abilities.	Reserves Crew	Ongoing	1.4.1
Promote the availability of parks and open spaces for use by older people for variety of activities.	Community Development Officer Communications Officer	Ongoing	1.4.2
Ensure Council's Access Advisory Committee has input into planning and development applications relating to publicly accessible infrastructure and premises.	Community Development Officer Infrastructure Services Urban Designer	Ongoing	1.1.4.3
Assess the suitability of high use and high priority footpaths for accessibility for all users including those with a disability.	Asset Management Officer Community Development Officer	Ongoing	1.4.2
Advocate for improved public transport services and infrastructure.	General Manager / Deputy General Manager	Ongoing	2.2.5.1
Encourage and ensure ample disabled parking throughout the municipal area.	Collaborate with Access Advisory Committee to ensure plans for public developments are user friendly	Ongoing	2.2.4

## Transport

Action	Responsibility	Time Frame	Strategic Plan Reference
Promote community based transport models such as CTST, Lifeline CHATS.	Community Development Officer Communications Officer	Ongoing	1.1.2 1.1.2.1
Raise awareness amongst older residents of the eligibility criteria for community transport providers.	Community Development Officer	Ongoing	1.1.2
Advocate for improved bus shelters in order to support public transport options for older residents.	Community Development Officer Access Advisory Committee	As appropriate	2.2.5.1
Promote the Volunteer Program which offers individualised transport options.	Coordinator Volunteer program Communications Officer	Ongoing	1.1.2.2

Where possible collaborate with other organisations to pursue funding opportunities to produce positive change in relation to public transport.	Council in conjunction with local service providers	As appropriate	2.2.5.1
Provide information about rules of use for motorised scooters and the importance of using reflectors, flags and high visibility wear.	Community Development Officer Communications Officer Road Safety Committee Access Advisory Committee	Mid 2019	1.1.4
Promote the advantages of providing recharge points in support of motorised scooter use.	Community Development Officer Communications Officer Access Advisory Committee	Ongoing	1.1.4
Provide information for all road users on the growing need for use of motorised scooters.	Community Development Officer Access Advisory Committee Communications Officer Road Safety Committee	Ongoing	1.1.4
Promote transport and social opportunities in more isolated Kingborough areas. E.g. Woodbridge, South Channel, Bruny Island, Snug	Community Development Officer Communications Officer		

## Connectedness

Action	Responsibility	Time Frame	Strategic Plan Reference
Compile and distribute information on activities and social opportunities for older residents.	Community Development Officer	Ongoing	1.1.1 1.2.2
Promote education programs which improve technological literacy of older residents.	Community Development Officer	Ongoing	1.2.2 1.2.4
Provide and support ongoing education programs such as Learning for Life, Kingston LINC programs, U3A.	Community Services Staff Communications Officer	Ongoing	1.2.2
Continue to develop specifically targeted programs for Seniors.	Community Development Officer Community Services staff	Ongoing	1.2.2

Promote KSC programs and other available seniors health programs in the area.	Communications Officer KSC staff Community Development Officer	Ongoing	1.2.2
Promote volunteering options such as Kingborough Volunteer Program, Local Service Groups, Kingston LINC	Community development Officer Coordinator Volunteer Program Communications Officer	Ongoing	1.1.2.2
Seek out socially isolated older people and ensure awareness of support services.	Community Development Officer Health Service Providers	Ongoing	1.1.2.1
Create opportunities for direct involvement with existing programs tailored to engage socially isolated older people.	Community Development Officer Community Services staff	Ongoing	1.1.2.1
Ensure emergency management planning incorporates input from older residents.	Emergency Management Coordinator Community Development Officer	Ongoing	1.6.1.2
Align with World Health Organisation model of “age –friendly” communities. Many of these elements are already embedded in the work of Council for example: <ul style="list-style-type: none"> <li>• Provide and promote opportunities for social participation. <i>(via Council initiated activities and promotion of other community events and activities)</i></li> <li>• Consider accessibility when providing outdoor spaces and public buildings. <i>(Advice from Access Advisory Committee)</i></li> <li>• Advocate for and promote easily available transportation. <i>(Volunteer Program and Community Transport)</i></li> <li>• Support choices to retain independence in living circumstances. <i>(Volunteer Program)</i></li> <li>• Provide avenues for civic participation <i>(promote inclusion on Council Advisory Committees)</i></li> <li>• Promote and work with community and health services to develop <i>(Continue partnerships with Dept Health via Service Providers Meeting)</i></li> </ul> Adapted from: <b>Features of Age Friendly Cities</b> <b>World Health Organisation 2007</b>	Community Services Staff Urban Designer Parks & Reserves staff Building Services		2.3.2.3

## Health

Action	Responsibility	Time Frame	Strategic Plan Reference
Improve health related communications by continuing updates in local media, regular promotion of related activities and events via the Linc, Senior Citizens, local health professionals' practices and community groups and related networks.	Community Development Officer Communications Officer Community Development staff	Ongoing	1.3.1.2
Promote tracks and trails through seniors networks and health service providers.	Community Development Officer Communications Officer	Ongoing	1.3.2.7
Advocate for expanded health services to outlying areas.	Community Development Officer Community Services staff	Ongoing	1.2.2
Continue to promote senior fitness options at Kingborough Sports Centre.	KSC Community Services Staff Communications Officer	Ongoing	1.2.2
Continue to provide health information sessions specifically for older residents.	Community Development Officer	Ongoing	1.2.2
Promote Manor Gardens and other respite centres within the Kingborough area.	Communications Officer	Ongoing	1.2.2
Develop relationships with health professionals to help ensure local social/health promoting activities are suggested to older residents.	Community Development Officer	Ongoing	1.3.1
Continue to ensure that Council can respond effectively to the demand for environmental health and food safety monitoring of the increasing number of aged care facilities and increasing aged population in Kingborough.	Ongoing by Environmental Services	Ongoing	1.3.3
Continue the development and promotion of Local Links to improve awareness of local footpaths and facilitate walking access to community facilities	Communications Officer Community Development Officer	Ongoing	1.4.2
Ensure that food businesses and residential aged care facilities continue to be routinely inspected to ensure compliance with the Food Standards Code	Environmental Health Officers	Ongoing	1.3.3.2
Conduct Seniors Week events which highlight social connectedness and healthy activity	Community Development Officer / Youth Development Officer	Ongoing	1.2.2

## Accommodation

Action	Responsibility	Time Frame	Strategic Plan Reference
In line with the Planning Scheme, support the development of a range of appropriate accommodation options for older people	Development Services	Ongoing	2.1.3.1
Work within the Planning Scheme to support appropriate integration of older people's housing within the broader community to promote social inclusion and easy access to services.	Development Services	Ongoing	2.1.3.1
Advocate for and support older people to remain in the community e.g. by inclusion in the Volunteer Program where eligible; registering for Driver Assist program where eligible.	Coordinator Volunteer Program Community Development Officer Communications Officer	Ongoing	1.1.2.2
Produce clear one-stop-shop-information in a user-friendly format on the rules associated with building granny flats/secondary residences.	Community Development Officer Coordinator Building & Plumbing Services Planning Officer Communications Officer	February 2019	6.2.1.2
Produce user-friendly information about permitted adaptations to existing dwellings in order to accommodate extended family.	Community Development Officer Coordinator Building & Plumbing Services Planning Officer Communications Officer	February 2019	6.2.1.2
Support the inclusion of bus stops in close proximity to retirement/aged care facilities.	Urban Designer	Ongoing	2.2.5.1
Consolidate information about assisted living programs.	Community Development Officer	November 2018	1.2.2
Compile list of residential facilities and residential options for local residents.	Community Development Officer	October 2018	1.2.2
Develop relationships with housing and care providers to ensure information sharing.	Community Development Officer	Ongoing	1.2.2