The Snug River defines the northern boundary of the small seaside town of Snug. From the Channel Highway follow the river, which runs deep and clear to the footbridge across the river mouth. Keep a look out for platypus. You will be walking amongst white gum, stringybarks, common dogwood, native olive and varnish wattle. The local Snug Landcare/Coastcare Group has planted hundreds of native grasses, shrubs and trees to protect the riverbank and stall dune erosion at the southern end of the beach. The track ends at the 1967 Bushfire Memorial where interpretive signs reveal a story of tragedy and great community spirit. Snug Beach is a lovely place for a swim, to launch a boat, or gather for a family picnic.

- 1 hour return
- 2.4 km return
- Limited parking at start of track at Channel Highway; ample parking at Snug Beach.
- Gravelled formal surface, wide, mostly level.
- Be mindful of traffic as you walk along the Esplanade. Beware of oysters at the river mouth – their sharp shells are hazardous to kayaks and swimmers.

The track gradually descends through bushland to the cool, fern-lined gully beneath delightful Snug Falls. Keep a look out for native orchids during spring and summer. In winter, eastern spinebills frequent the area, feeding on the pink and white flowering common heath. The sweet nectar of silver banksia flowers attracts crescent and yellow-throated honeyeaters, and green rosellas. You might also see strong-billed honeyeaters hopping their way up eucalypt trunks, picking at insects. Once down on the valley floor, look for the beautiful pink robin which feeds amongst the leaf litter of wet forests. The falls are particularly impressive after heavy rain, and in summer, it's a great place to paddle in the shallows on a warm day.

- 1 hour return
- 2 km return
- Limited parking at start of track.
- Narrow bush track, steep sections, rocks.
- Please supervise children – the rocks can be quite slippery.