The first half of this walk follows the coastline of Adventure Bay, beneath a canopy of tall blue gums, white peppermint and sheoaks to Grass Point. Here you can explore remains of structures from the short-lived bay whaling industry (1820-40). After being hunted to near extinction, southern right whales have returned to these waters and can be seen migrating north to breed from June to September and returning south from September to late October. From Grass Point, the track climbs steeply along very high dolerite sea cliffs to the summit of Fluted Cape (272 m). Enjoy the distant views to the Tasman Peninsula. White-bellied sea-eagles are often seen soaring in the thermals. You might even see one of the famous Adventure Bay white wallabies!

- **2.5 hour circuit**
  (A shorter return along the coastline from Grass Point is rated easy and suitable for families – 1.5 hours return)

- **5.4 km circuit**
  - Limited parking at start of track.
  - Narrow bush track, steep sections. Park entry fee applies.
  - This track is listed as one of Parks & Wildlife Service Tasmania 60 Great Short Walks. For further information go to: [www.parks.tas.gov.au](http://www.parks.tas.gov.au)

- **Sheer unfenced sea cliffs at Fluted Cape.**

*Note: Clean dirt and mud from your boots before and after every walk to prevent the spread of root rot.*

---

This nature walk guides you along a shaded gully filled with ancient and enchanting wet forest. Towering stringybarks, blackwoods, magnificent treeferns and a variety of understorey species can be enjoyed along the way. A cosy picnic shelter at the start of the walk invites you to stay a bit longer. Be prepared for leeches.

- **30 – 40 minutes return**
- **1.4 km return**
- Ample parking at start of track.
- **Narrow bush track.**
- **Walkers should not proceed past the end of the well-maintained track – Mavista Falls are inaccessible.**

---

**Fluted Cape Track**

**Mavista Nature Walk**